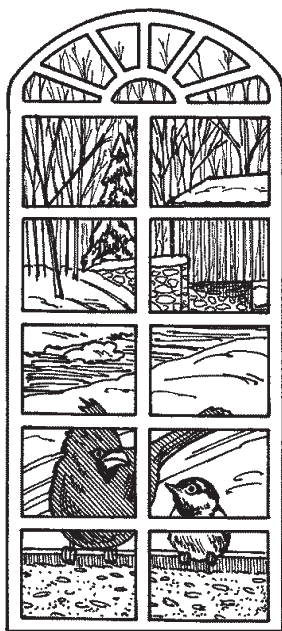


# NON-FICTION BESTSELLERS WINTER/SPRING 2009



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## NON-FICTION BESTSELLER LIST PRINT AND NON-PRINT

WINTER/SPRING 2009

<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
4 DAY DIET, THE <i>Smith, Ian K.</i>	JANUARY
10-10-10: YOUR LIFE, MY LIFE, AND A LIFE-TRANSFORMING IDEA (Print/Unabridged CD) <i>Welch, Suzy</i>	MARCH
101 TAX SECRETS FOR CANADIANS 2009: SMART STRATEGIES THAT CAN SAVE YOU THOUSANDS <i>Cestnick, Tim</i>	DECEMBER
200 QUILTING TIPS, TECHNIQUES & TRADE SECRETS <i>Briscoe, Susan</i>	FEBRUARY
6 WEEK CURE FOR THE MIDDLE-AGED MIDDLE, THE <i>Eades, Mary Dan</i>	JANUARY
7-DAY ENERGY SURGE <i>Karas, Jim</i>	APRIL
A NIGHT OUT WITH ROBERT BURNS: THE GREATEST POEMS <i>Burns, Robert</i>	JANUARY
ABSMART FITNESS PLAN <i>Weiss, Adam</i>	JANUARY
ANGEL AT THE FENCE: THE TRUE STORY OF A LOVE THAT SURVIVED <i>Rosenblat, Herman</i>	FEBRUARY
ART OF CONVERSATION, THE: A GUIDED TOUR OF A NEGLECTED PLEASURE <i>Blyth, Catherine</i>	JANUARY
BETTER LATE THAN NEVER: MY STORY <i>Goodman, Len</i>	OCTOBER

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BETTER LOVE NEXT TIME <i>Kearns, J. M.</i>	DECEMBER
BIG IDEA, THE (Print/Abridged CD) <i>Deutsch, Donny</i>	JANUARY
BIG THAW, THE: TRAVELS IN THE MELTING NORTH <i>Struzik, Ed</i>	MARCH
BIGGEST LOSER FAMILY COOKBOOK: BUDGET-FRIENDLY MEALS YOUR WHOLE FAMILY WILL LOVE <i>Alexander, Devin</i>	NOVEMBER
BITS OF ME ARE FALLING APART: DARK THOUGHTS FROM THE MIDDLE YEARS <i>Leith, William</i>	FEBRUARY
BORN TO BE GOOD: THE SCIENCE OF A MEANINGFUL LIFE <i>Keltner, Dachner</i>	JANUARY
BRAND NEW WORLD: HOW TO REACH BILLIONS, NOT MILLIONS <i>Lenderman, Max</i>	MARCH
BUILT TO SUCCEED <i>Phelps, Michael</i>	DECEMBER
BULLETPROOF YOUR JOB: 4 SIMPLE STRATEGIES TO RIDE OUT THE ROUGH TIMES <i>Viscusi, Stephen</i>	SEPTEMBER
CAMP NURSE: MY ADVENTURES AT SUMMER CAMP <i>Shalof, Tilda</i>	MARCH

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
CANADIAN PHARMACISTS ASSOCIATION GUIDE TO DRUGS IN CANADA <i>Wilms-Raman, Lalitha</i>	FEBRUARY
CARBON SHIFT <i>Homer-Dixon, Thomas</i>	APRIL
CATS: THE NINE LIVES OF INNOVATION <i>Lundin, Stephen C.</i>	JANUARY
CHALLENGE FOR AFRICA <i>Maathai, Wangari</i>	APRIL
CHICKEN SOUP FOR THE SOUL: THE CANCER BOOK: 101 STORIES OF COURAGE, SUPPORT, AND LOVE <i>Canfield, Jack</i>	MARCH
CHILD CARE TODAY: GETTING IT RIGHT FOR EVERYONE <i>Leach, Penelope</i>	JANUARY
CLARA'S WAR: A YOUNG GIRL'S TRUE STORY OF MIRACULOUS SURVIVAL UNDER THE NAZIS <i>Kramer, Clara</i>	APRIL
CLINTON TAPES, THE: WRESTLING HISTORY IN THE WHITE HOUSE (Print/Abridged CD) <i>Branch, Taylor</i>	MAY
COAL BLACK HEART: THE STORY OF COAL AND THE LIVES IT RULED <i>DeMont, John</i>	APRIL
CONNECTED PARENTING <i>Kolari, Jennifer</i>	APRIL

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
CORE BALANCE DIET, THE: HORMONES, METABOLISM, AND WEIGHT LOSS <i>Pick, Marcelle</i>	APRIL
CRAZY LOVE: A MEMOIR <i>Steiner, Leslie Morgan</i>	APRIL
CREATIVE CAPITALISM <i>Kinsley, Michael</i>	DECEMBER
DANCING WITH DEBT <i>Tett, Gillian</i>	MAY
DARWIN'S ISLAND <i>Jones, Steve</i>	MARCH
DIABETES FOR CANADIANS FOR DUMMIES <i>Blumer, Ian</i>	APRIL
DIAGNOSIS: DISPATCHES FROM THE FRONTLINE OF MEDICAL MYSTERIES <i>Sanders, Lisa</i>	APRIL
DIRECT RED: A SURGEON'S VIEW OF HER LIFE OR DEATH PROFESSION <i>Weston, Gabriel</i>	MARCH
DISCONNECTED KIDS <i>Melillo, Robert</i>	JANUARY
DIY QUICK FIX <i>Easkes, Jon</i>	MARCH
DR. RUTH'S TOP TEN SECRETS FOR GREAT SEX <i>Westheimer, Dr. Ruth K.</i>	JANUARY
EARTH TO TABLE: A YEAR'S RELATIONSHIP BETWEEN A RESTAURANT AND AN ORGANIC FARM <i>Crump, Jeff</i>	SEPTEMBER

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
EAT THIS, NOT THAT! SUPERMARKETS SURVIVAL GUIDE <i>Zinczenko, David</i>	DECEMBER
EATING WELL, LIVING WELL: EVERYDAY PREVENTATIVE MEDICINE <i>Beliveau, Richard Dr.</i>	MAY
ECOLOGICAL GARDENING: YOUR SAFE PATH TO A HEALTHY, BEAUTIFUL GARDEN <i>Harris, Marjorie</i>	MARCH
EGG ON MAO: AN ORDINARY MAN TAKES AIM AT DICTATORSHIP <i>Chong, Denise</i>	MAY
EMOTIONAL FREEDOM (Print/Abridged CD) <i>Orloff, Judith</i>	MARCH
ENGAGING THE MUSLIM WORLD <i>Cole, Juan</i>	MARCH
ENOUGH ALREADY!: CLEARING MENTAL CLUTTER TO BECOME THE BEST YOU (Print/Unabridged CD) <i>Walsh, Peter</i>	FEBRUARY
EXTRAORDINARY CANADIANS: MORDECAI RICHLER <i>Vassanji, M.G.</i>	MARCH
EXTRAORDINARY CANADIANS: NORMAN BETHUNE <i>Clarkson, Adrienne</i>	MARCH
EXTRAORDINARY CANADIANS: PIERRE ELLIOTT TRUDEAU <i>Ricci, Nino</i>	MARCH

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
EXTRAORDINARY CANADIANS: STEPHEN LEACOCK <i>MacMillan, Margaret</i>	MARCH
FACE ON YOUR PLATE, THE: THE TRUTH ABOUT FOOD <i>Norton, W. W.</i>	MARCH
FIGHT FOR YOUR MONEY (Print/Abridged CD) <i>Bach, David</i>	MARCH
FINALLY THIN!: HOW I LOST OVER 200 POUNDS AND KEPT THEM OFF—AND HOW YOU CAN TOO <i>Benson, Kim</i>	JANUARY
FOUR SEASONS: THE STORY OF A BUSINESS PHILOSOPHY <i>Sharp, Isadore</i>	APRIL
FRENCH TASTE: ELEGANT EVERYDAY EATING <i>Calder, Laura</i>	APRIL
FROM SEED TO TABLE: A PRACTICAL GUIDE TO EATING AND GROWING GREEN <i>Haase, Janette</i>	JANUARY
G.I. DIET MENOPAUSE CLINIC, THE <i>Gallop, Rick</i>	APRIL
GAMBLE, THE <i>Ricks, Thomas E.</i>	FEBRUARY
GET MOTIVATED!: UNLOCKING THE SECRETS TO OUR MOTIVATIONAL DNA <i>Lowe, Tamara</i>	JANUARY
GET OVER YOURSELF! <i>Novak, Patti</i>	JANUARY

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
GETTING A GRIP: ON MY BODY, MY MIND, MY SELF <i>Seles, Monica</i>	APRIL
GILLIAN MCKEITH'S BOOT CAMP DIET: 14 DAYS TO A NEW YOU! <i>McKeith, Gillian</i>	FEBRUARY
GOD IS BACK: HOW THE GLOBAL RISE OF FAITH WILL CHANGE THE WORLD <i>Micklethwait, John</i>	APRIL
GOOD BOOK <i>Plotz, David</i>	MARCH
GOOD LIFE FITNESS: 6 WEEKS TO A NEW BODY <i>Hagan, Maureen</i>	JANUARY
GOOD LIFE WITH JESSE DYLAN, THE <i>Dylan, Jesse</i>	MARCH
GRASS, SKY, SONG: PROMISE AND PERIL IN THE WORLD OF GRASSLAND BIRDS <i>Herriot, Trevor</i>	MARCH
GREAT POWERS: AMERICA AND THE WORLD AFTER BUSH <i>Barnett, Thomas P.M.</i>	FEBRUARY
GRIZZLYVILLE: ADVENTURES IN BEAR COUNTRY <i>MacDonald, Jake</i>	APRIL
GROWING UP AGAIN: CONFRONTING MY DIABETES <i>Moore, Mary Tyler</i>	APRIL

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
HAUNTED HEART: THE LIFE AND TIMES OF STEPHEN KING <i>King, Stephen</i>	JANUARY
HEART HEALTHY FOODS FOR LIFE <i>Beck, Leslie</i>	JANUARY
HIT MAN: FORTY YEARS MAKING MUSIC, TOPPING THE CHARTS, AND WINNING GRAMMYS <i>Foster, David</i>	NOVEMBER
HOOKING UP WITH TILA TEQUILA <i>Tequila, Tila</i>	DECEMBER
HORMONE DIET, THE <i>Turner, Natasha</i>	FEBRUARY
HORSE SOLDIERS (Print/Abridged CD) <i>Stanton, Doug</i>	MAY
HOUSE OF WISDOM, THE <i>Lyons, Jonathan</i>	JANUARY
HOW GOD CHANGES YOUR BRAIN <i>Newberg, Andrew</i>	MARCH
HOW IT ENDED <i>McInerney, Jay</i>	APRIL
HOW SEX WORKS (Print/Unabridged CD) <i>Moalem, Sharon</i>	FEBRUARY
HOW TO BECOME ENLIGHTENED (Print/ Unabridged CD) <i>Dalai Lama</i>	FEBRUARY
HOW TO MAKE MONEY WITH YOUTUBE <i>Schepp, Brad</i>	APRIL

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
HOW TO SUCCEED IN ANYTHING BY REALLY TRYING <i>MacInnis, Lyman</i>	DECEMBER
HOW TO WIN A COSMIC WAR <i>Aslan, Reza</i>	APRIL
HOW WE DECIDE <i>Lehrer, Jonah</i>	FEBRUARY
HUNTING EICHMAN <i>Bascomb, Neal</i>	MARCH
I AM MY FATHER'S SON <i>Hill, Dan</i>	JANUARY
I'LL SCREAM LATER <i>Matlin, Marlee</i>	APRIL
I'M STILL HERE <i>Zeisel, John</i>	JANUARY
IN PRAISE OF STAY AT HOME MOMS (Print/ Abridged CD) <i>Schlessinger, Laura</i>	APRIL
INHERITANCE OF ROME, THE <i>Wickham, Chris</i>	MARCH
INSIDE THE MIND OF THE TURTLES <i>Faith, Curtis M.</i>	JANUARY
IVORY'S GHOSTS <i>Walker, John Frederick</i>	JANUARY
JANE BRODY'S GUIDE TO THE GREAT BEYOND <i>Brody, Jane</i>	JANUARY

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JURY OF HER PEERS, A <i>Showalter, Elaine</i>	MARCH
KHOMEINI'S GHOST <i>Coughlin, Con</i>	JANUARY
LABOUR OF LOVE <i>Beatie, Thomas</i>	NOVEMBER
LAST DAYS OF THE ROMANOV <i>Rappaport, Helen</i>	FEBRUARY
LAST GOODNIGHTS, THE <i>West, John</i>	FEBRUARY
LIFE DIET, THE <i>Bauer, Joy</i>	JANUARY
LIFE FORCE DIET, THE <i>Cook, Michelle Schoffro</i>	DECEMBER
LIFE YOU CAN SAVE, THE <i>Singer, Peter</i>	MARCH
LOST CITY OF Z, THE (Print/Abridged CD) <i>Grann, David</i>	FEBRUARY
LOST IN CYBURBIA <i>Harkin, James</i>	APRIL
MAKE MILLIONS! <i>Frederick, Sean</i>	FEBRUARY
MAKING AN ELEPHANT <i>Swift, Graham</i>	MAY
MAN WHO OWNS THE NEWS, THE <i>Wolff, Michael</i>	FEBRUARY

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
MANAGE YOUR TIME TO REDUCE YOUR STRESS (Print/Unabridged CD) <i>Emmett, Rita</i>	JANUARY
MARTHA STEWART'S ENCYCLOPEDIA OF CRAFTS	APRIL
MEN ARE STUPID...AND THEY LIKE BIG BOOBS <i>Rivers, Joan</i>	JANUARY
MIGHT AS WELL LAUGH ABOUT IT NOW <i>Osmond, Marie</i>	APRIL
MIGHTY QUEENS OF FREEVILLE, THE <i>Dickinson, Amy</i>	MARCH
MIRACLE OF HEALTH, THE <i>Odiatu, Dr. Uche</i>	NOVEMBER
MOMMYWOOD <i>Spelling, Tori</i>	APRIL
MOP MEN <i>Emmins, Alan</i>	JANUARY
MOTHER-DAUGHTER KNITS <i>Melville, Sally</i>	MARCH
MURDER WITHOUT BORDERS <i>Gould, Terry</i>	APRIL
NATIONAL GEOGRAPHIC COMPLETE BIRDS OF THE WORLD	APRIL
NEW RULES FOR RETIREMENT, THE <i>MacKenzie, Warren</i>	DECEMBER

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
NO-CRY NAP SOLUTION <i>Pantley, Elizabeth</i>	FEBRUARY
NOT SO BIG REMODELING <i>Susanka, Susan</i>	JANUARY
NOT YET <i>Choy, Wayson</i>	APRIL
NOTHING TO ENVY <i>Demick, Barbara</i>	MARCH
ONE-WEEK JOB <i>Aiken, Sean</i>	APRIL
OPTIMIST, THE <i>Shorter, Laurence</i>	JANUARY
ORIGINAL BEAUTY BIBLE, THE <i>Begoun, Paula</i>	JANUARY
OUR DAYS ARE NUMBERED <i>Brown, Jason I</i>	MARCH
OUR TURN TO PARENT <i>Dunn, Barbara</i>	APRIL
PARENTS WE MEAN TO BE <i>Weissbourd, Richard</i>	MARCH
PEOPLE ARE IDIOTS AND I CAN PROVE IT! <i>Winget, Larry</i>	JANUARY
PERFECTLY IMPERFECT (Print/Abridged CD) <i>Woodruff, Lee</i>	APRIL
PICKING COTTON <i>Thompson-Cannino, Jennifer</i>	MARCH

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POSITIVITY (Print/Abridged CD) <i>Frederickson, Barbara</i>	FEBRUARY
POST-MORTEM <i>Wells, Jon</i>	MARCH
POWER OF SMALL, THE (Print/Unabridged CD) <i>Kaplan, Linda</i>	APRIL
PROFITABLE PROPERTY, THE <i>Levant, Ezra</i>	FEBRUARY
PSYCHIC HEALING (Print/Abridged CD) <i>Browne, Sylvia</i>	MARCH
PURSUIT OF PERFECT, THE <i>Ben-Shahar, Tal</i>	APRIL
RATIO: THE SIMPLE CODES BEHIND THE CRAFT OF EVERYDAY COOKING <i>Ruhlman, Michael</i>	APRIL
REAL ESTATE INVESTING IN CANADA <i>Campbell, Don</i>	DECEMBER
REAL FOOD FOR MOTHER AND BABY <i>Planck, Nina</i>	APRIL
REINVENTING THE BODY, RESURRECTING THE SOUL (Print/Unabridged CD) <i>Chopra, Deepak</i>	FEBRUARY
RELAXED COOKING WITH CURTIS STONE <i>Stone, Curtis</i>	MARCH
SARA SNOW'S FRESH LIVING <i>Snow, Sara</i>	MARCH
SEASICK <i>Mitchell, Alanna</i>	MARCH

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SEEKING PEACE <i>Pipher, Mary</i>	MARCH
SEWING BOOK, THE <i>Smith, Alison</i>	APRIL
SHADOW ON THE HOUSEHOLD, A <i>Prince, Bryan</i>	JANUARY
SHAKEDOWN <i>Levant, Ezra</i>	MARCH
SIX MONTHS IN SUDAN <i>Maskalyk, James</i>	APRIL
SKINNY CHICKS DON'T EAT SALADS <i>Avanti, Christine</i>	APRIL
SKINNY, THE <i>Aronne, Louis</i>	MARCH
SLEEP TIME SOLUTION, THE <i>Lewis, Marc Ph.D</i>	DECEMBER
SLOW DEATH BY RUBBER DUCK <i>Smith, Rick</i>	MAY
SMART CANADIAN'S GUIDE TO SAVING MONEY <i>Foran, Pat</i>	JANUARY
STEALING MYSPACE <i>Angwin, Julia</i>	MARCH
STORMY WEATHER: THE LIFE OF LENA HORNE <i>Gavin, James</i>	MAY
SUPER IMMUNITY FOODS <i>Goulart, Frances</i>	APRIL

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SUPERHEALTH: 10 SIMPLE STEPS, 6 EASY WEEKS, 1 LONGER, HEALTHIER LIFE <i>Pratt, Steven</i>	JANUARY
SUPERPARENTING FOR A.D.D. <i>Hallowell, Edward M.</i>	JANUARY
TAX TIPS 2009 FOR CANADIANS FOR DUMMIES <i>Henderson, Christie</i>	DECEMBER
TEN DEGREES OF RECKONING <i>Rumberg, Hester</i>	FEBRUARY
THAT GOOD NIGHT: ETHICISTS, EUTHANASIA AND END-OF-LIFE CARE <i>Falconer, Tim</i>	MARCH
THIRD MAN FACTOR, THE <i>Geiger, John</i>	JANUARY
THIRD REICH AT WAR, THE <i>Evans, Richard</i>	MARCH
THRIVE FITNESS <i>Brazier, Brendan</i>	JANUARY
TOWERING WORLD OF JIMMY CHOO, THE <i>Goldstein, Lauren</i>	MARCH
TOY MONSTER <i>Oppenheimer, Jerry</i>	MARCH
TRANSFORMATION (Print/Abridged CD) <i>Phillips, Bill</i>	MARCH
TYRANNY OF DEAD IDEAS <i>Miller, Matt</i>	JANUARY

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UNHEALTHY TRUTH, THE <i>O'Brien, Robyn</i>	MARCH
VANISHED SMILE (Print/Unabridged CD) <i>Scotti, R. A.</i>	APRIL
VOLUNTARY MADNESS <i>Vincent, Norah</i>	JANUARY
WALL STREET JOURNAL GUIDE TO THE END OF WALL STREET AS WE KNOW IT <i>Kansas, Dave</i>	JANUARY
WAR CHILD <i>Jal, Emmanuel</i>	FEBRUARY
WE GENERATION <i>Ungar, Michael</i>	JANUARY
WEIGHT OF THE MUSTARD SEED, THE <i>Stevenson, Wendell</i>	MARCH
WEIGHTWATCHERS IN 20 MINUTES	JANUARY
WELCOME TO THE DEPARTURE LOUNGE <i>Frederico, Meg</i>	FEBRUARY
WELL-DRESSED APE <i>Holmes, Hannah</i>	JANUARY
WHAT WOULD GOOGLE DO? (Print/Unabridged CD) <i>Jarvis, Jeff</i>	FEBRUARY
WHEN CAN I RETIRE? <i>Allentuck, Andrew</i>	JANUARY

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<u>TITLE/AUTHOR</u>	<u>DATE OF PUB.</u>
WHERE AM I? <i>Ellard, Colin</i>	<i>APRIL</i>
WHY HE DIDN'T CALL YOU BACK <i>Greenwald, Rachel</i>	<i>FEBRUARY</i>
WHY HIM? WHY HER? (Print/Unabridged CD) <i>Fisher, Helen E.</i>	<i>FEBRUARY</i>
WHY MANNERS MATTER <i>Holdforth, Lucinda</i>	<i>MARCH</i>
WILL YOU TAKE ME AS I AM <i>Mercer, Michelle</i>	<i>APRIL</i>
WIRED FOR WAR <i>Singer, P. W.</i>	<i>JANUARY</i>
WISHFUL DRINKING <i>Fisher, Carrie</i>	<i>NOVEMBER</i>
WITH WINGS LIKE EAGLES <i>Korda, Michael</i>	<i>JANUARY</i>
WORLD WIDE RAVE <i>Scott, David Meerman</i>	<i>MARCH</i>
YOGA INC. <i>Philip, John</i>	<i>MARCH</i>
YOUR ARE HERE <i>Potter, Christopher</i>	<i>MARCH</i>
YOU BETTER WATCH OUT <i>Malone, Greg</i>	<i>JANUARY</i>

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